

Newstead Wood School Counselling

At Newstead Wood, we recognise that pupils can have worries, problems and challenges from time to time. Sometimes it's difficult for students to talk to parents, friends or teachers about the things that trouble them and should a student wish to speak with a trained professional, counselling is available.

Our school counsellor, Liz Byers (M.S. Counselling Psychology, Registered Member BACP), offers one-to-one appointments three days per week where students can explore their concerns in confidence. All interactions with students in the counselling milieu are subject to the current BACP guidelines and code of practice. For more information on these please follow the link below:

<http://www.bacp.co.uk/crs/Ethics%20in%20Practice/schoolToolkit.php>

Students wishing to access counselling may self-refer or ask their Director of Learning to arrange a session on their behalf. Students who self-refer will be encouraged to tell their parents/carers, but if they are not ready to do this their confidentiality will be respected.

Please note: In the interests of safeguarding, if a disclosure is made during a counselling session which indicates the potential for harm to a student either by themselves, to others or by others, then there is a duty to pass this on to the School Safeguarding Officers in line with school safeguarding procedures.