

NEWSLETTER

CAREERS @ NEWSTEAD



Making the most of your summer

A message from Mrs Brown

The end of the school year is in sight. Well done on all your hard work!

The summer is a time to Refresh and Reflect (R&R)

Refresh-Make time to do the things that you love, whether that's catching up with family and friends, going on holiday, playing sports etc.

Reflect- Think about what you have achieved this year and what you need to do to prepare for the year ahead. For some that might consist of wider reading, completing courses, gaining work experience, learning a new skills e.g. coding, gaining a part-time job, volunteering, taking on a leadership role etc. This issue is packed with lots of ideas to help you think about knowledge/skills/experiences gaps and how you can make the most of the 6 weeks to help you move forward towards your goals!

Take on fresh challenges, learn something new or help in the community

We have a lovely 6 weeks ahead of us to relax after our busy summer term....time to recharge! However why not also make the time count and complete some summer work or tasks that you can add to your CV, which will help you gain work experience or that you can add to your personal statement. It's also worth remembering that you don't have to do anything specifically related to your future career, transferable skills are also very important, ie: being an effective communicator, good teamwork, showing leadership skills.



Think outside the box!

For example, if you're interested in digital marketing, why not learn how to create a website or develop your understanding of web analytics.

For a career in the media, you could start a blog or launch your own podcast.

In this newsletter, you will find plenty of ideas, hints and tips, hope you find them useful.

National Citizen Service

Why not challenge yourself, meet new people and learn new skills with the National Citizen Service. This is specially designed for 16/17 year old students and there are still a few spaces left. However if you are younger, why not make a note to find out more details for next summer! It's never too early to get ahead.

<https://www.gov.uk/government/get-involved/take-part/national-citizen-service>

Make a difference

The Trussell Trust support a nationwide network of food banks - why not volunteer for them and make a difference?

<https://www.trusselltrust.org>



Improve your general skills

Improve your skills and look into a Barclays Life Skills course, apply by 13th July

<https://barclayslifeskills.com/i-want-virtual-work-experience/school/virtual-work-experience/>

Take advantage of your spare time and update your cv

<https://www.prospects.ac.uk/careers-advice/cvs-and-cover-letters/how-to-write-a-cv>

Learn how to write a cv with no experience

<https://uk.indeed.com/career-advice/cvs-cover-letters/writing-a-cv-with-no-experience>

"ThinkStudent"

This is a site for students by students, check it out!

<https://thinkstudent.co.uk/>

Love sport?

Contact your local leisure centres or sports clubs to see if they are taking on extra staff over the summer season or if they would like a volunteer to help run summer camps. Maybe consider doing a lifesaving course at your local pool?

Thinking about going to university but don't know where to start looking?

Why not have an online chat to some students <https://www.ucas.com/chat-to-students> Or simply have a browse on the UCAS site, there is a huge amount of information which will give you all sorts of different ideas.

Complete an online course with Open Learn

If you are not sure what you want to do in the future, or would like to complete a short course to add to your cv then logon and have a look at the long list of courses available; "digital skills", "physical health for wellbeing in the caring role", to "creative writing" to name but a few.

<https://www.open.edu/openlearn/free-courses/full-catalogue>

Enjoy working with children?

If you enjoy being with children and young people, why not apply to work at an activity camp. This is a perfect opportunity for those hoping to work with children in the future or in the caring industry.

<https://www.barracudas.co.uk/work-for-us/>



And finally, some specific WEX opportunities

Cyber Security

<https://www.theforage.com/fast-track/mastercard-cybersecurity-virtual-experience-program?ref=As5bKKo2DjgTfuiJD>

Commercial banking with JPMorgan

<https://www.theforage.com/virtual-internships/prototype/LBJRY9AanBmxGpPTc/JP-M-Commercial-Banking-Virtual-Experience-Program?ref=As5bKKo2DjgTfuiJ>

Check out more opportunities

<https://www.theforage.com/>

<https://www.speakersforschools.org/experience-2/vwex/>

<https://www.springpod.com/virtual-work-experience/search>

(remember to apply before the end of term otherwise your HOYs will not be able to approve the placement)

What's on in school?

Careers Week

Monday 11th July, morning

Yr 10 Stem speed networking event

Monday 11th July, afternoon

Yr 10 Career choices with Morrisby/other schemes

Tuesday 12th & Wednesday 13th July

Yr 10 Virtual WEX for those students doing DofE

Tuesday 12th - Friday 15th July

Yr 10 Virtual WEX for those students not doing DofE

Tuesday 12th July

Year 9 - STEM day

Monday 11th -Friday 15th July

Year 12 Work Experience Week



Spotlight on Marine Biology

What is Marine Biology

Marine biology seeks to understand patterns of biological diversity and quantify change in the marine ecosystem by studying how organisms interact with their environment.

What subjects should I study at school?

Biology, chemistry, geography, geology, maths, MFL and/or computer science are probably the most important ones, but do your research and look at the universities on UCAS

Which universities offer this degree and how long would the degree last?

There are 161 different courses available in the UK and they last either 3 or 4 years, again depending upon the university

What is the starting salary for a marine biologist?

From £18,500 - £24,000

What would a marine biologist do on a daily basis

- conduct experiments
- care for sick sea creatures
- monitor everyday functions of marine life

All the information that we produce can be found on the Newstead Wood Website, click on "Curriculum" and then "Career Learning and Development"

For any further information, please email Mrs Brown on abrown@newsteadwood.co.uk or Mrs Green on cgreen@newsteadwood.co.uk

