



## Newstead Wood School PSHE Curriculum Overview

All Learning Objectives link to the [Programme of Study](#)

All Learning Objectives cover the three strands of PSHE;

**MENTAL HEALTH & WELLBEING** (Mental Wellbeing, Internet Safety and Harms, Health and Prevention, Changing Adolescent Body)

**RELATIONSHIPS & SEX EDUCATION** (Families, Respectful relationships including friendships, Online and Media, Being Safe, Intimate and sexual relationships including sexual health)

**LIVING IN THE WIDER WORLD** (Social Development, Community Participation, Economic Wellbeing, Careers, Citizenship)

	<u>Year 7</u>	<u>Year 8</u>	<u>Year 9</u>	<u>Year 10</u>	<u>Year 11</u>	<u>Year 12</u>	<u>Year 13</u>
<b>Autumn 1</b> <b>Lessons 1 - 6</b> <b>Health and Wellbeing</b>	<b>Self-concept</b>	<b>Self-concept</b>	<b>Self-concept</b>	<b>Self-concept</b>	<b>Self-concept</b>	<b>Self-concept</b>	<b>Self-concept</b>
	<b>Empathy</b>	<b>Empathy</b>	<b>Empathy</b>	<b>Empathy</b>	<b>Empathy</b>	<b>Empathy</b>	<b>Empathy</b>
	H1 & H2	H3 & H4	H5	H1 & H2	H3 & H4	H1 & H2	H3
	<b>Consent</b>	<b>Consent</b>	<b>M Consent</b>	<b>Consent</b>	<b>Consent</b>	<b>Consent</b>	<b>Consent</b>
	H6 & H7	H8 & H9	H10, 11 & 12	H5, 6 & 7	H8, 9 & 10	H4 & 5	H6 & 7
	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>	<b>Healthy lifestyles</b>
H13&14	H15 & 16	H17, 18 & 19	H11-15	H16-18	H8-13	H14-17	
H20-22			<b>Drugs, alcohol and tobacco</b>	<b>Drugs, alcohol and tobacco</b>	<b>Drugs, alcohol and tobacco</b>	<b>Drugs, alcohol and tobacco</b>	

<p><b>Autumn 2</b> <b>Lessons 7 - 12</b> <b>Relationship and Sex Education</b></p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Bullying, abuse and discrimination</b></p> <p>R37</p> <p><b>Social influences</b></p> <p>R42-44</p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Bullying, abuse and discrimination</b></p> <p>R38</p> <p><b>Social influences</b></p> <p>R45-47</p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Bullying, abuse and discrimination</b></p> <p>R40</p> <p><b>Social influences</b></p> <p>R42-44</p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Bullying, abuse and discrimination</b></p> <p>R41</p> <p><b>Social influences</b></p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Bullying, abuse and discrimination</b></p> <p>R28- 34</p> <p><b>Social influences</b></p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Relationship values</b></p> <p>R1-3</p> <p><b>Forming and maintaining respectful relationships</b></p> <p>R4-7</p>	<p><b>Consent</b></p> <p><b>Online Safety</b></p> <p><b>Relationship values</b></p> <p>R1-3</p> <p><b>Forming and maintaining respectful relationships</b></p> <p>R8-10</p>
<p><b>Spring 1</b> <b>Relationship and Sex Education</b></p>	<p><b>Positive relationships</b></p> <p>R1-3</p> <p><b>Relationship values</b></p> <p>R9</p>	<p><b>Positive relationships</b></p> <p>R4-6</p> <p><b>Relationship values</b></p> <p>R10</p>	<p><b>Positive relationships</b></p> <p>R7&amp;8</p> <p><b>Relationship values</b></p> <p>R11&amp;12</p> <p>R35 &amp; 36 <b>Contraception and parenthood</b></p>	<p><b>Positive relationships</b></p> <p>R1-8</p> <p><b>Relationship values</b></p> <p>R9, 10 &amp; 12</p> <p><b>Forming and maintaining respectful relationships</b></p> <p>R35 &amp; 36 <b>Contraception and parenthood</b></p>	<p><b>Forming and maintaining respectful relationships</b></p> <p>R19-23</p> <p>R35 &amp; 36 <b>Contraception and parenthood</b></p>	<p>R11-13</p> <p><b>Contraception and parenthood</b></p> <p>R14-18</p> <p><b>Bullying, abuse and discrimination</b></p> <p>R19-23</p> <p>R35 &amp; 36 <b>Contraception and parenthood</b></p>	<p>R11-13</p> <p><b>Contraception and parenthood</b></p> <p>R14-18</p> <p><b>Bullying, abuse and discrimination</b></p> <p>R19-25</p> <p>R35 &amp; 36 <b>Contraception and parenthood</b></p>
<p><b>Spring 2</b> <b>Living in the wider world</b></p>	<p><b>Learning skills</b></p> <p>L1 &amp; 2</p> <p><b>Media literacy and digital resilience</b></p>	<p><b>Financial choices</b></p> <p>L15-19</p> <p><b>Media literacy and digital resilience</b></p> <p>L20-27</p>	<p><b>Financial choices</b></p> <p>L16-19</p> <p><b>Media literacy and digital resilience</b></p> <p>L20-27</p>	<p><b>Financial choices</b></p> <p>L20 &amp; 21</p> <p><b>Media literacy and digital resilience</b></p> <p>L22-29</p>	<p>STUDY LEAVE <b>Media literacy and digital resilience</b></p> <p>L22-29</p>	<p>UCAS <b>Media literacy and digital resilience</b></p> <p>L20-25</p>	<p>STUDY LEAVE <b>Media literacy and digital resilience</b></p> <p>L20-25</p> <p><b>Cooking at university</b></p>

	L20-27						
<b>Summer 1</b> <b>Living in the wider world</b>	<b>Learning skills</b> L1 & 2	<b>Learning skills</b> L3 & 4 <b>Work and career</b> L11 & 12 <b>Employment rights and responsibilities</b> L14 & 14	<b>Learning skills</b> L5 & 6 <b>Choices and pathways</b> L7-10	<b>Learning skills</b> L1 <b>Choices and pathways</b> L4 & 5 <b>Work and career</b> L4 & 5 <b>Employment rights and responsibilities</b> L13-15	<b>Learning skills</b> L2 & 3 <b>Choices and pathways</b> L6 <b>Work and career</b> L6	<b>Choices and pathways</b> L1 & 2 <b>Work and career</b> L5-7 <b>Employment rights and responsibilities</b> L8 & 9 <b>Financial choices</b> L13-16 <b>Media literacy and digital resilience</b> L20-22	<b>Choices and pathways</b> L3 & 4 <b>Work and career</b> L5-7 <b>Employment rights and responsibilities</b> L10-12 <b>Financial choices</b> L17-19 <b>Media literacy and digital resilience</b> L23-25
<b>Summer 2</b> <b>Health and Wellbeing</b>	<b>Drugs, alcohol and tobacco</b> H23 & 24 <b>Managing risk and personal safety</b> <b>H30</b> <b>Puberty and sexual health</b> H34	<b>Drugs, alcohol and tobacco</b> H25 & 26 <b>Managing risk and personal safety</b> <b>H31</b> <b>Puberty and sexual health</b> H35	<b>Drugs, alcohol and tobacco</b> H27-29 <b>Managing risk and personal safety</b> <b>H32 &amp; H33</b> <b>Puberty and sexual health</b> H36	<b>Drugs, alcohol and tobacco</b> H19 & 20 <b>Managing risk and personal safety</b> <b>H21, 22 &amp; 23</b> <b>Sexual Health &amp; Fertility</b> H24 - 33	STUDY LEAVE	<b>Sexual Health</b> H19 & 20 <b>Drugs, Alcohol and Tobacco</b>	<b>Sexual Health</b> H19 & 20 <b>Drugs, Alcohol and Tobacco</b> H23 & 24 STUDY LEAVE

